



Quick Reference Guide

See inside for instructions
on using InDuo™

Important:

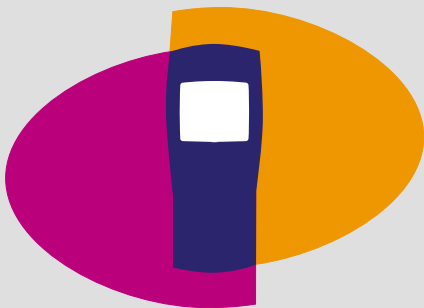
Read detailed instructions
in your InDuo™ User's Manual



LIFESCAN www.InDuo.com
a Johnson & Johnson company

InDuo™ is designed to be used with:

- OneTouch® *Ultra* Test Strips
- OneTouch® *Ultra* Control Solution
- OneTouch® *UltraSoft*™ Adjustable Blood Sampler
- OneTouch® *UltraSoft*™ Sterile Lancet
- OneTouch® *UltraClear*™ Cap for alternate puncture site
- Novo Nordisk PenFill® 3 mL insulin cartridges
- Novo Nordisk NovoFine® needles



CODING THE InDuo™ METER

Code meter before using it for first time and every time you change to another vial of OneTouch® *Ultra* Test Strips.

Step 1

Enter code mode



Start with meter turned off. Insert test strip to turn on meter. All display segments will appear, followed by code number.

Step 2

Match code numbers




Compare code number on meter display with code number on test strip vial. If matching, begin testing. If not matching, see Step 3.

Step 3

Code meter



Press **C** until codes match. After the apply sample symbol  appears, meter is ready for testing.

TEST SUMMARY

Note: Before testing, wash hands with warm, soapy water. Rinse and dry thoroughly. See InDuo™ User's Manual for important information on arm testing.

Step 1

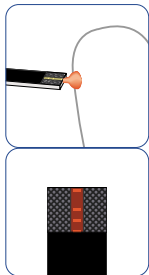
Insert test strip



You can touch test strip anywhere on its surface. Once inserted, meter turns on automatically.

Step 2

Apply sample



Touch and hold blood drop to **top edge** of test strip, where it meets narrow channel. Hold blood drop to **top edge** until confirmation window is **completely filled** before meter begins to count down. If window does not fill completely, do not add blood to test strip. Discard test strip and retest.

Step 3

Read results

Accurate results in just 5 seconds.

DISPLAY SYMBOLS AND MESSAGES



A blood glucose test result with a suggestion to check your ketone levels



Blood glucose level is higher than 600 mg/dL (33.3 mmol/L). Recheck glucose level and if **HI** call your health care professional immediately



Blood glucose level is lower than 20 mg/dL (1.1 mmol/L). Treat this condition according to health care professional recommendation



Average of the last 14 days. (**64_n** means that 64 tests were performed within this period)



Average of the last 30 days. (**138_n** means that 138 tests were performed during this period)

DISPLAY SYMBOLS AND MESSAGES



Battery power is getting low. You can complete about 50 more tests from the time this symbol first appears



Battery power is too low to run a test. Replace the battery at once



The temperature of the air, blood glucose meter, or test strips was below the operating range of 43°–111°F (6°–44°C)



The temperature of the air, blood glucose meter, or test strips was above the operating range of 43°–111°F (6°–44°C)




Error message that indicates that there is a problem with the InDuo™ meter*

DISPLAY SYMBOLS AND MESSAGES



Error message could be caused by a used test strip or indicates a temporary or permanent electronics problem*



Error message. The blood or control solution sample was applied before  appeared on the display*



Error message. The test strip may have been damaged, moved or removed during testing, or sample improperly applied*



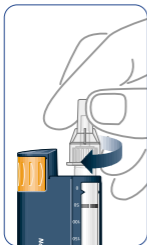
Error message. Possible causes are incorrect application of blood (or control solution) or a damaged test strip*

*** Retest with a new test strip. If the problem persists, call InDuo™ Customer Services at our toll free number 1-877-520-9056.**

GIVING AN INJECTION

Step 1

Prepare the doser



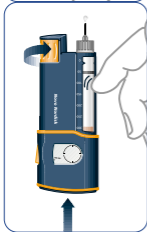
Pull out the InDuo™ insulin doser. If the insulin is a suspension (cloudy insulin) you must resuspend the insulin as described in the PenFill® Information For The Patient. Attach a NovoFine® needle.

Step 2

Prime the doser



To prime the InDuo™ insulin doser, press the release button.



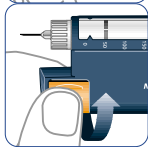
Dial 1 unit. Hold the insulin doser with the needle upwards and press the push button completely in. Repeat the procedure until a drop of insulin appears.

Step 3

Dial the dose



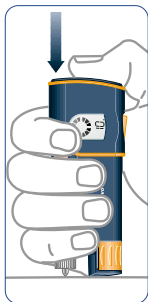
Press the release button and the push button jumps out.



Dial the number of units you need.

Step 4

Inject the insulin



Follow the injection method recommended by your health care professional.

Press the push button completely in until it locks. After the injection, discard the needle carefully.

Always replace the insulin doser into the meter cap.

CHECKING YOUR PREVIOUS INJECTION

Step 1

Look at the display



Pull out the InDuo™ insulin doser. The display shows your previous dose and the time passed since delivery. Each segment represents 1 hour.



Example 1

You injected 6 units
2 hours ago.



Example 2

You injected 70 units
10 hours ago.



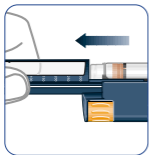
Example 3

You injected 18 units
6 hours ago.

CHANGING PENFILL®

Step 1

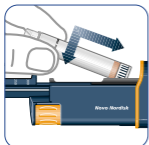
Take out PenFill®



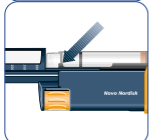
Make sure that the push button is pressed completely in.
Open the slide.
Take out the used PenFill®.

Step 2

Insert the new PenFill®



Check that the new PenFill® is full and intact. If not, do not use it. If the insulin is a suspension (cloudy insulin) resuspend the insulin as described in the PenFill® Information For The Patient.



Insert the new PenFill® into the InDuo™ insulin doser by pushing it slightly backwards as shown.



Close the slide completely.

For assistance or further
information please call InDuo™
Customer Services at our toll free
number:
(English) 1-877-520-9056
(Español) 1-800-381-7226

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